

How to do quiet time?

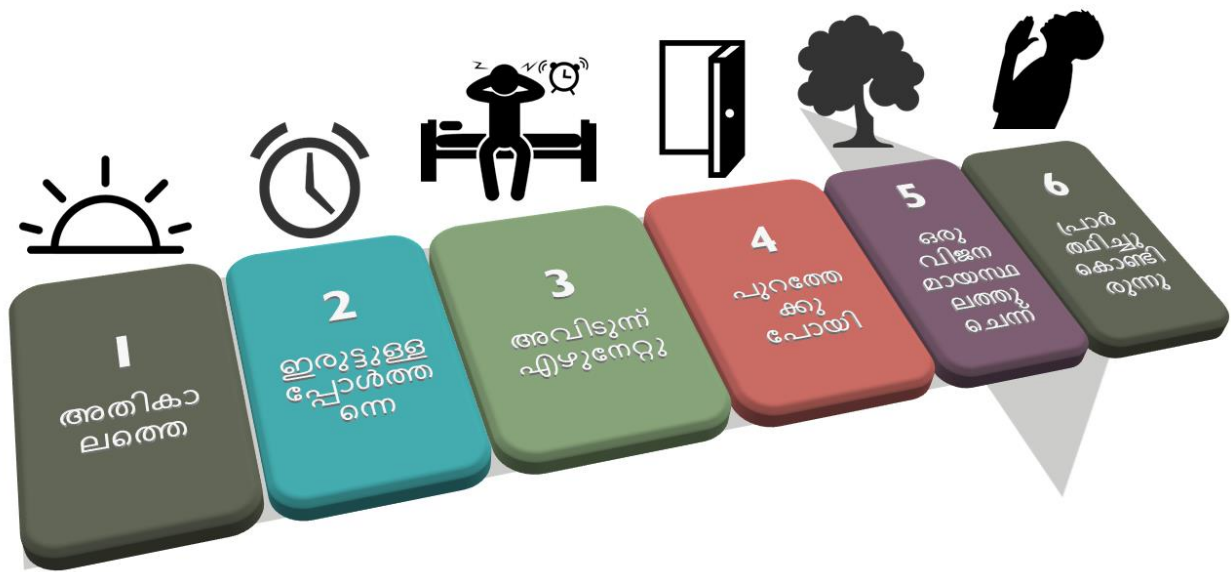
Quiet time - Time you spend alone with God.

5 steps to get ready

അതികാലത്തു ഇരുട്ടോടെ അവൻ എഴുന്നേറ്റു പുറപ്പെട്ടു ഒരു നിർജ്ജനസ്ഥലത്തു ചെന്നു പ്രാർത്ഥിച്ചു.

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

Mark 1:35



5 steps in brief

1. Early morning (First time of your day)
2. Find a suitable time (Least distracted time)
3. Get up (Diligence)
4. Prepare yourself (Get ready)
5. Find a suitable place (Least distracted place)
6. Pray and meditate the Word of God, write down your notes in your meditation diary

10 tips to enjoy reading Bible

1. **Desire** to hear from God
2. Try to **find** the intended meaning
3. Seek the **help** of Holy Spirit
4. Try to know more about the **Book**
5. Treat it as **precious** and sacred (The words of God)
6. Read as if it were written for **you**
7. Read as if you reading for the **first time**
8. **Talk** to God as you read
9. **Unlearn and Learn** from it
10. **Apply** to personal life

Today's portion – Galatians 5: 16-21

1. Bible, Notebook, Pen and your heart should be ready
2. Start with a word of prayer
 - Ask God to forgive all your sins and be prepared to hear from God
 - Seek the help of Holy Spirit (author)
3. Read the whole passage once, then for a second time slowly
4. Pause in between and do a self-evaluation (SIN, COMMANDMENT, REMINDER etc), note down whatever the Holy Spirit speaks to you from the Word of God
5. Take good decisions as you read/meditate
6. Come forward and share what you heard from God

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